



# FARECHANCE

FareChance is an inspiring, supportive and accessible programme that offers 18 to 25-year-olds a chance to gain meaningful work experience, learn practical warehouse skills and build self-esteem to embrace their full potential – in work, education, and in daily life.

The programme, co-designed by young people, is delivered from our warehouse in Bedminster, South Bristol. It's a busy, fully-functioning operation which is friendly, warm and welcoming and the perfect environment for FareChance participants to develop, learn and grow.



## How FareShare South West works...



We work with local food producers to save good food from waste



Our team of volunteers sort, pack, and deliver the food...



...to over 400 groups fighting poverty across the south west!



# Who is FareChance for?

Through FareChance we strive to meet the needs of young people who have limited access to mainstream support. Many of the young people we work with are unemployed, at risk of exclusion from school, looking to gain work experience, have physical and mental health needs, have learning difficulties, and lack in self-esteem and confidence.

Within weeks of joining the programme, we've seen young people fully engage, gain skills, and develop friendships. .

# How does the programme work?

FareChance is a 10-week programme, split up over three days, and is available for up to eight participants per cohort.

The eight participants are divided into two groups of four and asked to take part on one of our Monday or Tuesday courses focused on employment, personal development and training.

The group then come together on the Thursday to take part in our FareChance Warehouse Takeover to gain practical warehouse management experience!

Turn to learn more about each course



# Mondays and Tuesdays

This course is focused on personal and professional development. It aims to teach young people how to realise their self-worth, and engage with the job market to find meaningful employment.

We nurture our participants' interests and skills to support them to achieve their personal goals, and offer practical and online training to improve their performance and knowledge of working in a warehouse setting.

The programme includes:

- **Career away days with Bristol's dynamic and diverse industry professionals**
- **Confidence-building workshops**
- **Employment-focused workshops**
- **Online training courses**
- **Warehouse logistics training**



# Thursdays

This is where the real fun begins! Every Thursday, both groups will come together to take part in our **Vale Lane Warehouse Take over!**

All participants will have the opportunity to gain valuable management experience through working together to run the distribution warehouse operation with support from our dedicated, trained and friendly FareShare warehouse staff!

We support young people with the following roles and warehouse tasks:

- Picking
- Storespersons
- Goods in and inputting
- Administration
- Driver's mate
- Warehouse maintenance
- Pump trucking
- Label printing
- Van crew

on Thursdays, young people are in charge!



# Why warehouse distribution work?

Working in food distribution services is a great opportunity, no matter your skill set!

It provides the opportunity to be active and social in a busy work environment. It allows you to work alongside like-minded people and operationally work as a team to provide meaningful and necessary services for society. It gives people a range of useful and transferable skills that can be used within many industries.



# How do I sign up?

If you're interested, then we'd love to hear from you! FareChance is tailored for young people with mixed abilities and places are offered on a case-by-case basis.

To sign up:

1. Fill out the form on our website at [faresharesouthwest.org.uk/farechance/](https://faresharesouthwest.org.uk/farechance/)
2. We'll send you a form asking some more questions, by email
3. One of the team (Meghan and Tatiana) will follow up with a phone call
4. If we can support you with a place, you'll receive a welcome letter, and be invited to a taster session at the warehouse – this is an opportunity for you to meet the team and see if you would like to be a part of the programme
5. If you want to join the FareChance programme, you'll be sent an enrolment invitation by email before the programme starts (one or two weeks after the taster session)





Scan the QR code to register your interest



or to find out more, please contact:  
[FareChance@faresharesouthwest.org.uk](mailto:FareChance@faresharesouthwest.org.uk)  
07587828001



# Who is FareShare South West?

FareShare South West is a food distribution charity with a social and environmental purpose, taking good quality in-date food destined for landfill and delivering to over 400 organisations across the south west including schools, charities and food banks.

We run our operation from three distribution warehouses based in Bristol city centre, Bedminster and Plymouth.